

PRESS RELEASE ISSUED BY THE MUSEUM OF NORTH CRAVEN LIFE, SETTLE

**Exhibition 15th April 2014 to 29th June 2014: 'MAKE IT SLOW'**

6 Mar 2014

We begin our 2014 season with a very special exhibition which features the work of six of the UK's leading contemporary artists/craftmakers who all embrace the principles of the 'slow' movement. The Folly is one of a number of venues across North Yorkshire to host this exciting contemporary exhibition and what better place – step through the doors of our beautiful 17th century building and immediately the pace slows and peace and calm prevail. Stop, take a breath, and experience art at a different pace.

- Aimee Betts creates personal adornments uniting traditional hand embroidery techniques with digital technology
- Sharon Adams creates utensils inspired by the mystery objects found in museum collections
- Fenella Elms, a ceramic artist, painstakingly creates wall-hung porcelain work from hundreds of individually made porcelain 'beads'
- Lizzie Farey uses traditional basketry techniques to create sculptural forms from willow and other natural materials
- Chris Keenan creates hand thrown bowls, cups, vases and jars from Limoges porcelain
- Misun Won creates intricate silver jewellery inspired by Korean patchwork

The work is craft based, grounded in traditional skills and processes, often labour intensive, but 'slow' does not simply mean how long the work has taken to make, it is about the whole process, thinking, researching, experimenting, the experience that inspired, the refinement of skills over time. 'Slow' is a way of life. More and more there is a move away from rapid mass production towards a more balanced lifestyle: enjoying life by doing things properly at the right pace. Every item in the exhibition exemplifies the common themes of traditional skills and sustainable materials so that the joy of making things by hand using well-loved tools becomes clear to all, linking the old with the very modern. So come along, join us and be inspired to 'Make it Slow' and leave (for a while at least) the hectic pace of modern life behind.

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For more information, please contact:

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